

**SYLLABUS**

**DIVISION:** Workforce Services

**CURRICULUM IN WHICH COURSE IS TAUGHT:** Career Studies Certificate, Nurse Aide

**COURSE NUMBER AND TITLE:** NUR 25 Nursing Assistant

**CREDIT HOURS:** 3

**HOURS WEEK LECTURER:** 3

**HOURS WEEK LAB:** N/A

**LECTURE/LAB COMBINATION:** 3 (0)

- I. CATALOG DESCRIPTION:** Teaches fundamentals of patient care with laboratory experience in foods and fluids, elimination, moving patients, morning, afternoon and evening care, care of hospital equipment, means of providing special comforts and safety, and admission and discharge procedures.
- II. RELATIONSHIP OF THE COURSE TO CURRICULA OBJECTIVES IN WHICH IT IS TAUGHT.**  
Upon completion of the course, the student will be able to perform the basic nurse aide tasks.
- III. REQUIRED BACKGROUND:** Applicants should be able to read and write at a basic level and be able to communicate effectively. Desirable personal qualities include care and concern for the resident and a responsible mature attitude.
- IV. COURSE CONTENT:** The student is afforded the opportunity to perform the procedures of a nurse aide as described in learner outcomes after having received proper demonstration by instructor.

**V. Learner Outcomes**

**VI. Evaluation**

<p>Demonstrate the application of a safety protective device.</p> <p>Demonstrate using proper body mechanics.</p> <p>Demonstrate hand washing procedure.</p> <p>Demonstrate linen-handling procedures.</p> <p>Demonstrate handling of medical waste.</p>	<p>Class participation, homework, quizzes, and final exam</p>
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<p>Demonstrate application and removal of a mask and gown.</p> <p>Demonstrate operation of a bed and use of side rails.</p> <p>Demonstrate making an occupied and unoccupied bed.</p> <p>Demonstrate weighing a resident on a standing scale.</p> <p>Demonstrate weighing a resident, using a mechanical scale.</p> <p>Demonstrate measuring accurately measure a resident's height, using a measuring tapes.</p> <p>Demonstrate giving a complete bed bath.</p> <p>Demonstrate giving a back rub.</p> <p>Demonstrate giving perineal care.</p> <p>Demonstrate giving a tub bath.</p> <p>Demonstrate giving a shower.</p> <p>Demonstrate brushing the teeth of a dependent resident.</p> <p>Demonstrate providing care for dentures.</p> <p>Demonstrate caring for the hair.</p>	<p>Class participation, homework, quizzes, and final exam</p>
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<p>Demonstrate shaving a resident's beard.</p> <p>Demonstrate dressing a resident who is in bed.</p> <p>Demonstrate dressing a resident who is paralyzed on one side.</p> <p>Demonstrate applying an Aquamatic K-Pad.</p> <p>Demonstrate moving a resident by using a lift sheet.</p> <p>Demonstrate moving a resident up in bed with his or her help.</p> <p>Demonstrate turning a resident away from and toward you.</p> <p>Demonstrate turning a resident, using the logrolling technique.</p> <p>Demonstrate transferring a resident, using the pivot technique.</p> <p>Demonstrate transferring a dependent resident.</p> <p>Demonstrate performing range of motion for a dependent resident.</p> <p>Demonstrate ambulating a resident.</p> <p>Demonstrate positioning a dependent resident in a wheelchair.</p> <p>Demonstrate positioning a dependent resident in a supine and semi-supine position.</p>	<p>Class participation, homework, quizzes, and final exam</p>
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<p>Demonstrate positioning a dependent resident in the prone and semi-prone positions.</p> <p>Demonstrate calculating Intake and Output and percentage of food eaten accurately.</p> <p>Demonstrate fastening internal feeding tubing to a resident's clothing.</p> <p>Demonstrate administration of a soap suds enema, tap water enema.</p> <p>Demonstrate changing a colostomy bag.</p> <p>Demonstrate collection of a stool specimen.</p> <p>Demonstrate placing a resident on a bedpan.</p> <p>Demonstrate offering a urinal to a male resident.</p> <p>Demonstrate catheter care.</p> <p>Demonstrate teaching a resident to perform range of motion exercises independently.</p> <p>Demonstrate teaching a resident to transfer independently.</p> <p>Demonstrate special positioning techniques to prevent pressure, contractures, and foot drop.</p>	<p>Class participation, homework, quizzes, and final exam</p>
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\*\* All students are provided a minimum of forty (40) hours of classroom and clinical instruction prior to the direct involvement of a student with a nursing facility resident in accordance with Title of Regulations; VR 495-01-1, Board of Nursing Regulations.

**VII. The course supports the following general education goals/objectives:**

DCC Educational Objectives

- Communication
- Critical Thinking
- Information Literacy
- Quantitative Reasoning