



#### **SYLLABUS**

**DIVISION:** Workforce Services **Revised:** January 2015

**CURRICULUM IN WHICH COURSE IS TAUGHT:** Career Studies Certificate, Nurse Aide

**COURSE NUMBER AND TITLE:** NUR 27 Nursing Assistant Advanced

CREDIT HOURS: 3 HOURS WEEK LECTURER: 3

**HOURS WEEK LAB:** N/A **LECTURE/LAB COMBINATION:** 3(0)

I. CATALOG DESCRIPTION: A course providing theory in basic nursing care of the resident in the long-term care facility or home setting. This course will follow the Virginia State Health Department and Virginia Board of Nursing Curriculum. It is offered concurrently in conjunction with NUR 25 and NUR 98.

# II. RELATIONSHIP OF THE COURSE TO CURRICULA OBJECTIVES IN WHICH IT IS TAUGHT.

Upon completion of the course, the student will understand the principles of providing basic health care for residents of a long-term care facility or home setting.

### III. REQUIRED BACKGROUND

Applicants should be able to read and write at a basic level and be able to communicate effectively. Desirable personal qualities include care and concern for the resident and a responsible, mature attitude.

## IV. COURSE CONTENT (LIST THE MAJOR TOPICS.)

Introduction to long-term care

**Ethics** 

Accident prevention, fire safety

Infection control

Standard precautions and transmission based precautions

Bed making

Admission and discharge

Emergency care

Interpersonal skills

Spiritual needs

Dying resident

Medical abbreviations

Anatomy and physiology

Senses and problems of sensory system Integumentary system - age related changes and disorders Personal care

## **COURSE SYLLABUS**

### IV. Course content cont'd.

Resident's rights

Health care plan

Observation

Charting

Weighing and measuring a resident

Skeletal system and disorders

Lifting, moving, transfer techniques

Muscular system and disorders

Digestive system and disorders

Nutrition, Hydration care and Resident Feeding

Elimination

Urinary system and disorders

Fluid balance - calculating

Intake and output

Care of incontinent resident

Nervous system and disorders

Reality orientation techniques

Respiratory system and disorders

Cardiovascular system and disorders

Endocrine system and disorders

Reproductive system and disorders

Human sexuality

Developmental disabilities

Restorative care

Certified Nurse Aide

## V. LEARNER OUTCOMES:

### VI. EVALUATION

Describe job description of a nurse aide

Describe residents rights

Describe legal ethical responsibilities of the Nurse Aide

Describe proper communication skills

Recognize how to prevent accidents, explain steps in providing for the safety of all residents in an emergency or fire situation.

Describe proper hand washing, infection control, and transmission based precautions.

Explain standard precautions

Describe admission and discharge procedures

Written test will be given on all Learner Outcomes.

Describe proper bed making procedures

Identify situations in which protective devices may be Used and describe how to use them properly

Describe proper body mechanics

Explain rules of universal precautions

Describe importance of good communication skills

Explain confidential information

Describe correct sequence of steps to be taken in case of fire or disaster.

Give examples of how nurse aide can encourage residents to be more independent.

Identify basic needs and how a nurse aide can help provide for each need.

Describe factors that influence your behavior and correct responses to a resident's behavior such as aggression, dissatisfaction, demanding, crying and self-centeredness.

Describe how a nurse aide can help residents cope with Loss, grieving, and death.

Describe religious organizations and their beliefs regarding illness and death.

Describe how health care plan can help the nurse aide.

Describe how to observe and report unusual changes in residents' health or behavior.

Describe importance of accurately reporting and charting all activities carried out for or with the resident by the nurse aide.

Match medical abbreviations and symbols with their definitions.

Describe basic anatomy and physiology of all body systems.

Describe care of a cancer resident.

Identify age related changes of senses.

Describe care of blind or hard-or-hearing resident.

Describe functions, age-related changes disorders and treatment by a nurse aide of most common diseases of the integumentary system, skeletal system, muscular system, digestive system, urinary system, nervous system, respiratory system, cardiovascular system, endocrine system and reproductive system.

Describe care of resident with a disability including behavior management principles and techniques.

Describe the responsibility of a restorative nurse aide.

Explain preparation of the nurse aide skill and written competency exam, job application and importance of a job interview.

## VII. The course supports the following general goals/objectives:

DCC Educational Goals/Objectives

- Communication
- Learning Skills
- Critical Thinking
- Interpersonal Skills and Human Relations
- AAAA Understanding Culture and Society
- Wellness