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DCC

Danville Community College

The Award-Winning DCC KNIGHTLY NEWS • February 2023

BLACK HISTORY MONTH

Knightly News

AT DANVILLE COMMUNITY COLLEGE

READY TO START CLASSES?

ENROLL IN DCC'S SPRING 2023

SECOND 8-WEEKS

Who do you want to be tomorrow?

Classes begin March 13, 2023!

Go to: danville.edu/nextsteps to get started!



SCAN HERE
TO COMPLETE
THE FORM



Second 8-Week Session Begins March 13

There is still time to get registered for classes. Schedule an appointment with your advisor or **contact advising@danville.edu** and make progress toward your degree in 2023!

Student Food Service Survey: Let Your Voice Be Heard!



Give us your opinion about Food Service on the DCC Campus!

Every student who submits the survey will be entered into a drawing to win a new laptop (\$500 value). A random name will be selected at the conclusion of the survey and the lucky student will be notified for a photo and laptop presentation.

[Take the Survey!](#)

GRADUATING THIS SEMESTER?



**GRADUATION
APPLICATION
DEADLINE
IS FEBRUARY 15!**

Attention All Potential Spring and Summer 2023 Graduates:
Graduation Applications should be completed and submitted to your Academic Deans Office
by **February 15 for Spring 2023 and March 15 for Summer 2023.**

**NOW AVAILABLE: Mental Health and Well Being Resources
for Students Through TimelyCare**



How to Access Free, 24/7 Virtual Care from Anywhere

It's simple! Follow these steps and you'll be connected to virtual health and well-being services in no time.

1. Access TimelyCare.

Scan this QR code.



2. Log in with your school email address.

Use the one that ends in .edu.

3. Fill out some information. Nothing too complicated!

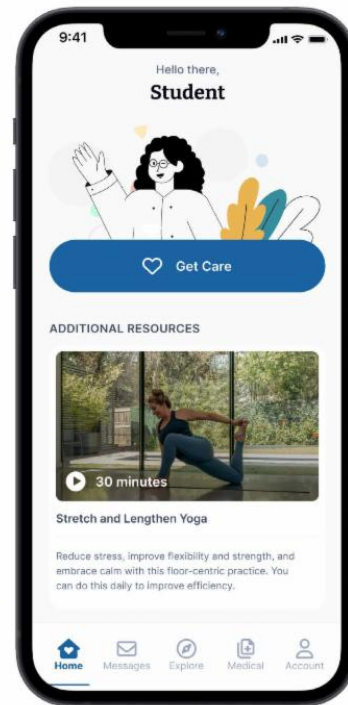
TimelyCare is confidential, secure, and HIPAA compliant.

4. Click "Get Care."

Well, you get it.

5. Don't need a visit right away? Check out our Explore page.

It's self-care at your fingertips.



Having trouble logging in? Email help@timely.md or call **1-833-4-TIMELY** for assistance. We've got you covered!

[timelycare.com/vccs](https://www.timelycare.com/vccs)

It's for Students. FOR FREE.

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UPCOMING CAMPUS EVENTS FOR STUDENTS

Wednesday, February 8

Jabali Afrika Concert (Grammy Nominated Band)

Student Center: 11:00 a.m. – 12:15 p.m.

Most toured band to ever emerge out of East Africa - 64th 2022 Grammy Nominee



DCC Educational Foundation: Laptop Giveaway Winners

During Virginia College Application Week (October 24-28, 2022), students that applied to Danville Community College were entered in a contest to win a laptop courtesy of DCC Educational Foundation.



Kayden Bailess
Gretna High School



Stephon Chandler
Galileo Magnet High School



Ma'Riyah Brandon
Halifax County High School

PURCHASING BOOKS WITH FINANCIAL AID?



The Bookstore will be open for charges March 6-20 for new students registering for Second 8-Week Session courses.



CONGRATULATIONS, SAVIANA!

TRIO EOC Participant Wins NEOCA Scholarship

TRIO EOC participant, Saviana Bailey, was recently named as one of the National Educational Opportunity Center Association's (NEOCA) \$1,000 Scholarship winners.

In her submitted essay, Saviana said, "EOC has helped me tremendously by being a lending hand to me while beginning my college journey." In addition, she mentioned, "The entire process can definitely be stressful, however EOC was there to keep me motivated and on the right track. Without their help, it would have been a stressful disaster."

Saviana is a 2022 graduate of Halifax County High School and the daughter of Savaughn and Lanetta Bailey of South Boston, Virginia.

The goal of the Danville Community College's TRIO EOC program is to provide free college access services to eligible high school students and adults in Southside Virginia! For assistance, contact the TRIO EOC at 434-797-8577 or 1-800-560-4291 x288577.

**WORK STUDY OPPORTUNITIES AVAILABLE FOR
STUDENTS**



Would you like to get paid for working on the DCC Campus for 12-15 hours a week?

If you are currently receiving the Federal Pell Grant and are enrolled in at least 6 credits that are eligible for financial aid, we may have a job for you!

Stop by the Financial Aid Office (Wyatt 111) to complete an application. Please bring a current resume if available.

**CAN'T GET ANY WORK DONE BECAUSE
OF ALL THE STRESS YOU'RE UNDER**

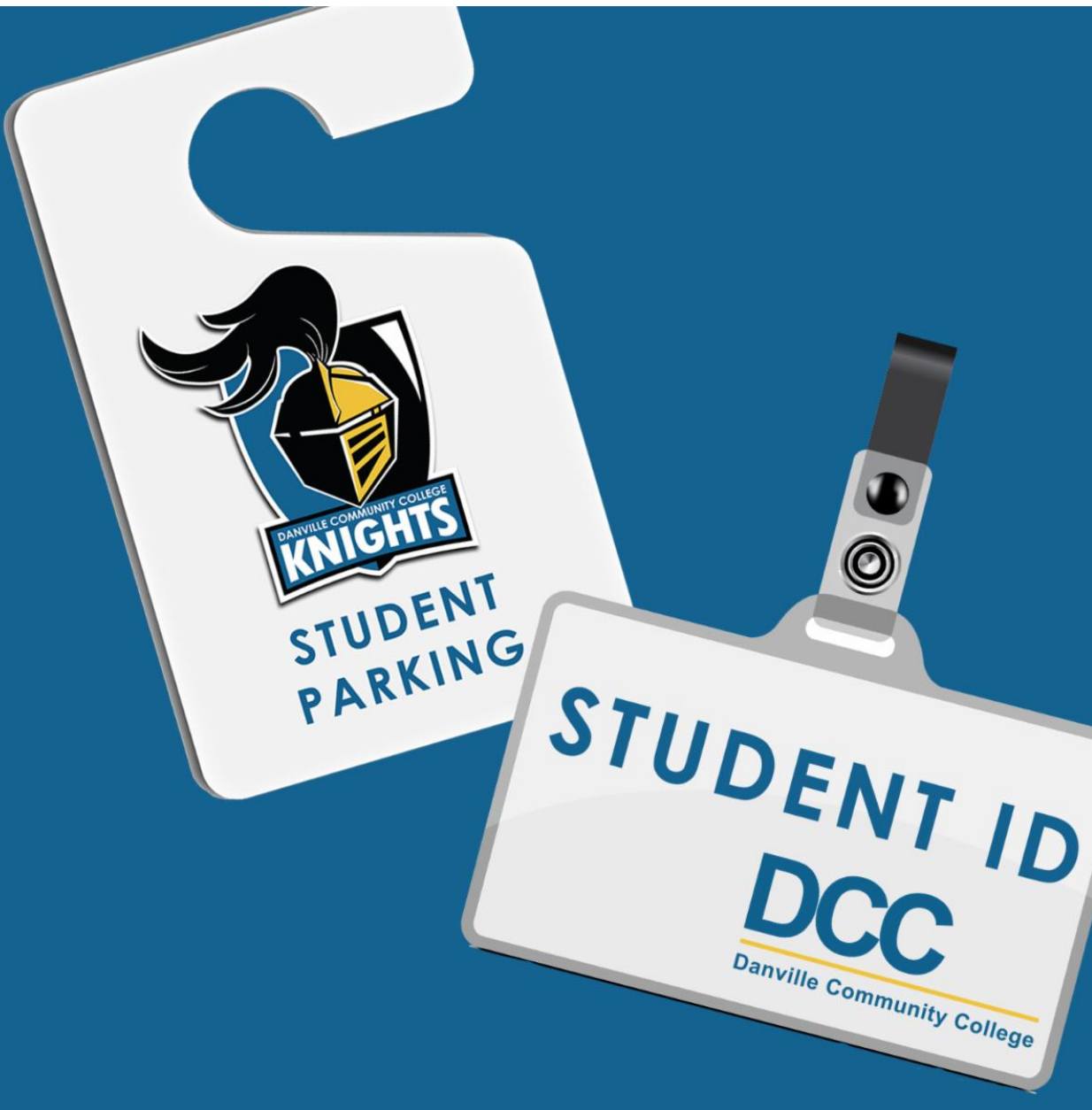
**STRESSED OUT BECAUSE YOU
CAN'T GET ANY WORK DONE**

Stress is One of the Brain's Worst Enemies

Message from the Tutoring Center

Stress is one of the brain's worst enemies.

As you work through the semester, add stress management techniques as part of your routine. If you have questions or want additional information about managing stress, contact your Success Coach, or the Tutoring/Testing Center.



Need a Student ID or Parking Decal?

Location: Student Center

Monday – Friday

8:30 a.m. – 12:00 p.m.

1:00 p.m. – 5:00 p.m.

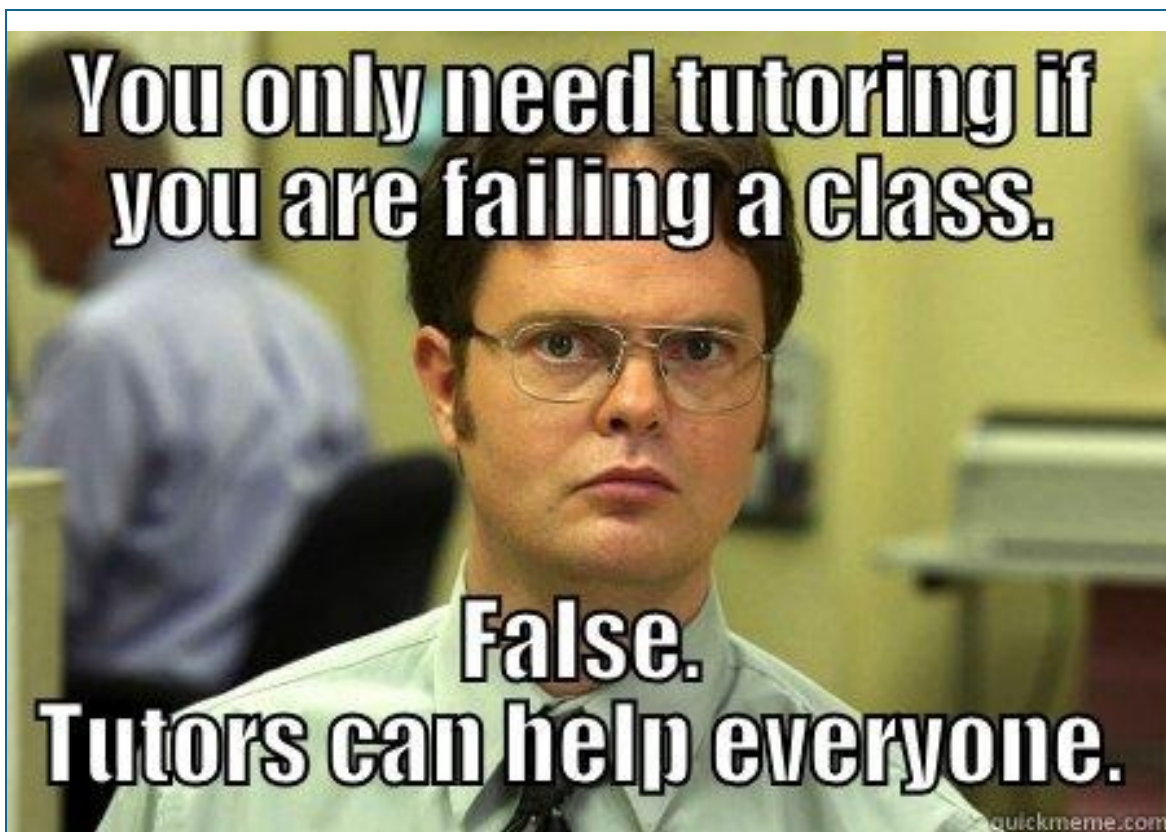
SPRING 2023 SCHEDULE LEARNING RESOURCES CENTER

Mon – Thu	8:00 am – 8:00 pm
Friday	8:00 am – 12:00 noon
Saturday	CLOSED
Sunday	1:00 pm – 5:00 pm

Holidays and Special Hours:

The LRC will be closed whenever the college is closed.

- January 15 - 16 Closed (MLK Day)
- March 5 Closed (before Spring Break)
- March 6 - 9 8:00 am – 5:00 pm
- March 10 8:00 am – 12:00 pm (Noon)
- April 9 Closed (Easter Sunday)
- May 9 – 11 8:00 am – 5:00 pm
- May 12 8:00 am – 12:00 pm (Noon)



Contact the Tutoring Center at:

(434) 797-6432 or

tutoring@danville.edu to schedule a session with a tutor.

Drop-in tutoring for English and Math is available:

Mondays and Wednesdays

8 a.m. to 12 p.m. and



FIVE TIPS TO: INCREASE YOUR ATTENTION SPAN

Drink More Fluids - even mild dehydration can cause you to lose concentration. Don't wait until you feel thirsty to drink.

Exercise - Physical exercise helps your brain stay sharp. Even walking increases oxygen to your brain, and helps reduce stress.

Eat a brain-boosting diet - Just as the body needs fuel, so does the brain. A diet based on fruits, vegetables, whole grains, "healthy" fats (such as olive oil, nuts, fish) and lean protein will provide lots of health benefits, and can also improve memory.

Sleep - Sleep is critical to learning and memory. Research shows that sleep is necessary for memory consolidation, with the key memory-enhancing activity occurring during the deepest stages of sleep.

Keep stress in check - Stress is one of the brain's worst enemies. Over time, chronic stress can inhibit the formation of new memories and the retrieval of old ones.

Adapted from Harvard Health Letter: July 2014, a newsletter published by Harvard Health Publications

WHAT IS ACADEMIC INTEGRITY?

Message from the DCC
Testing Center

In the age of advanced technology and Google searches, it's easy to find immediate answers to your questions. However, you are responsible for understanding the difference between using

the web for help and support of your learning, versus using the web to plagiarize or cheat on assignments. Academic dishonesty/Cheating jeopardizes your success, your integrity, and has consequences.

Student Expectations:

Be honest at all times

Actively encourage academic integrity in your friends and classmates



Discourage any forms of cheating or dishonesty

Inform your teacher, counselor, administrator, or someone you trust if you have a reasonable belief and/or evidence that academic dishonesty has occurred

Some examples of academic dishonesty are:

- Using unauthorized materials and/or resources
- Copying work from another student, or from the web
- Using a technological/communication tool and/or resource during a test
- Having anyone else but you complete any part of your coursework for you
 - Using online searches to find answers to your assessment questions
 - Posting answers to assessment questions online



2023-2024 FAFSA is OPEN NOW!

The 2023-2024 Free Application for Federal Student Aid (FAFSA) is OPEN NOW! Don't wait! Submit your FAFSA today!

Complete the FAFSA Now!

I Need Help!

Knight's Pantry Open



Danville Community College's Knight's Pantry is open to all currently enrolled students. Students can access the pantry in Temple 102 on Tuesday, Wednesday, and Thursday from 8am to 4:30pm. If you are unable to stop by during these hours, please contact a coach from the Student Success Program to access food resources.

[Learn More!](#)

Sign Up for DCC Alert

The safety of our students is at the forefront of our minds as we strive to give you the best experience possible during your time at the college.

To that end, the college would like to take this opportunity to remind you of our policies regarding on-campus emergencies and weather-related closures or delays.

In order to ensure you have the most up-to-date information available, please take a moment to sign up for **DCC Alert**. This is the college's first line of communication to let you know when something has happened that affects you such as a closing due to a weather event.

You can also keep up with information about the college on **DCC's Facebook page**: www.facebook.com/dccpr

DCC Alert 
SIGN UP

Upcoming Dates

Student Food Service Survey | [Opens February 2](#)

Jabali Afrika Concert | [February 8](#)

Spring Graduation Application Deadline | [February 15](#)

Spring Break | March 6-10

Second 8-Weeks Session Begins | March 13

Calendar

Danville Community College | 434-797-2222 | 1008 South Main Street, Danville
www.danville.edu



Prepared by the **Danville Community College Office of Public Relations & Marketing**

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Member, [Virginia's Community Colleges](#)