

The Award-Winning DCC KNIGHTLY NEWS • March 2025





## SPRING BREAK MARCH 10-14, 2025

Danville Community College classes will not be held March 10-14, 2025, due to Spring Break.



ALL STREET









## **Headshot Day**

March 5, 2025 9:00 a.m. - 12:00 p.m. **Wyatt 209** 

**Students:** Come take a professional headshot for your resume or LinkedIn page with the **Public Relations &** Marketing team!

\*\*This is free to attend.

**Danville Community College** 

## WOMEN'S HISTORY MONTH

## LUNCH & LEARN

## DCC TAKEOVER CHAMPION EDITION: UNLOCKING THE CHAMPION WITHIN

## March 19, 2025 | 11 :00 A.M. Shields Student Center

No registration required. Lunch available while supplies last.

Wynette A. Richardson is a highly sought-after transformational speaker, author, and educator renowned for her engaging, impactful, and empowering message. With her unique ability to share inspiring anecdotes and provide meaningful lessons, Wynette ignites her audience with the spark to pursue their dreams and transform them into reality.

Wynette earned her Bachelor's degree in English from Saint Paul's College and a Master's degree in English & Literature from Virginia State University. With seventeen years of experience in public schools and community colleges, she came to understand that the true impact of education extends beyond classroom walls.

Wynette's mission is to inspire others by speaking life into their situations, guiding them through tailored messages, and empowering them with practical strategies for growth. Today, she collaborates with schools, colleges, and organizations nationwide to share her message and expertise. In her downtime, Wynette enjoys spending time with family and friends, reading, creative journaling, and embracing each moment. Wynette A. Richardson: A Transformational Speaker, Author, and Educator From Danville, VA to Award Winning Professor

Event attendance is open to all DCC Students, Faculty, and Staff.







## March 27, 2025

11:00 a.m. - 2:00 p.m.

# ANNUAL Career FA & R

For more information contact us at careerservices@danville.edu



Danville Community College Oliver Hall / Temple Building 1007 Bonner Avenue Danville, VA 24541



## **Annual Career Fair**

To ensure you make the most of what the Career Fair has to offer, we ask that you take some steps to prepare. Some steps you can take include updating your resume, dressing for success, and being interview ready. To support your readiness, please take advantage of one of our Career Readiness Workshops on March 17, 2025. To accommodate your schedule, we are offering two workshops in person in the Student Center (11:00 a.m. or 3:00 p.m.) and one via Zoom (6:00 p.m.).

The Zoom link for the 6:00pm session is: <u>click to join zoom</u>

If you have any questions regarding the Career Fair or the corresponding workshops, please contact us by emailing **careerservices@danville.edu** or calling **434-797-8561**.

### Koda Vi Thompson Gomes President Vice-Preside

My name is Koda Thompson and I am a liberal arts student with a specialization in Social Sciences. I plan to attend Amherst College and obtain a bachelor's degree in Psychology.

## Vige-President Q'Lexis Stork Secretary

My name is Vi Gomes and I'm a liberal arts student planning to attend Virginia Commonwealth University in the Fall of 2025. I plan to major in Graphic Design or Communication Arts.

#### My name is Q'Lexis Stork and I have been at DCC for a year. I am studying Engineering and Science. I look forward to serving as Secretary for SGA.

## Carol Betts Treasurer

My name is Carol Betts and I am studying Small Business and Business Management. I plan to have an adult day care for seniors, with plenty of activities and exercises to keep them busy fellowshipping with others.









# Need Help? RAISE YOUR HAND!

Reaching out for help just got a little easier. **Navigate's newest feature**, known as **Hand Raise**, allows you to easily raise your hand and ask for help. Let us know how we can support your success by submitting a Hand Raise. Our staff will be in touch right away!

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### **Navigate Hand Raise**

Reaching out for help just got a little easier. Navigate's newest feature, known as Hand Raise, allows you to easily raise your hand and ask for help. Let us know how we can support your success by submitting a Hand Raise.

Our staff will be in touch right away!



#### DCC stands out at Virginia Aviation Business Association

On January 29, 2025, the Virginia Aviation Business Association (VABA) hosted an evening reception at 1500 Main Street, Richmond, VA. Danville Community College (DCC) proudly attended the event as a "VABA friend" sponsor, marking yet another milestone in our ongoing commitment to aviation excellence.

This year's reception was nothing short of a success! Our exhibition table drew in a greater number of visitors—double the turnout from the previous year! I had the honor of overseeing our table, welcoming guests, and showcasing DCC's continued dedication to advancing education and industry partnerships.

A very special thank you goes to Stephen Edwards (Instructor of Automotive Repair and Analysis) who, in true team spirit, stepped in at the last moment to lend his support—his kindness and dedication were much appreciated, and truly helped us make a memorable impression.

I would also like to extend my heartfelt thanks to the DCC Department of Marketing for providing the fantastic promotional items distributed at the event. They ensured we made a lasting impression on all who stopped by.

Among the notable visitors were several distinguished figures, including Dr. David Doré, Chancellor of Virginia Community College System (VCCS), Greg Campbell, Director of the Virginia Department of Aviation (DOAV), Dr. Jennifer Penland (STEM Education Program Specialist), Chris Runion (VA House of Delegates - 35th District), among others. In addition, several civilian and military authorities, as well as educators and business leaders, graced our booth with their presence.

I am proud of the connections made and the exposure DCC received during this prestigious event. It was a stellar evening that showcased our ongoing commitment to shaping the future of aviation.

-Marcio Couto

Dr. David Doré (VCCS Chancellor), Márcio Couto (DCC Aviation Maintenance Technology Program Manager), and Stephen Edwards (DCC Instructor of Automotive Repair and Analysis)



## Thank you to our Early College Cohort 2 students for presenting the MLK program!

### Thank you Early College Cohort 2!

Danville Community College

Thank you to our Early College Cohort 2 students for planning a fantastic celebration of Rev. Dr. Martin Luther King, Jr.'s life! We are so proud of you!



🕴 DENTAL EXAMS

🔰 ORAL CANCER SCREENINGS

CLEANINGS / SCALING

🗍 RADIOGRAPHS

BLOOD PRESSURE AND VITAL SIGNS

PATIENT EDUCATION





DANVILLE COMMUNITY COLLEGE FOUNDATION HALL 1001 NEATHERY LANE

## Looking to get your teeth cleaned or examined? Look no further! DCC's Dental Hygiene Students have you covered!

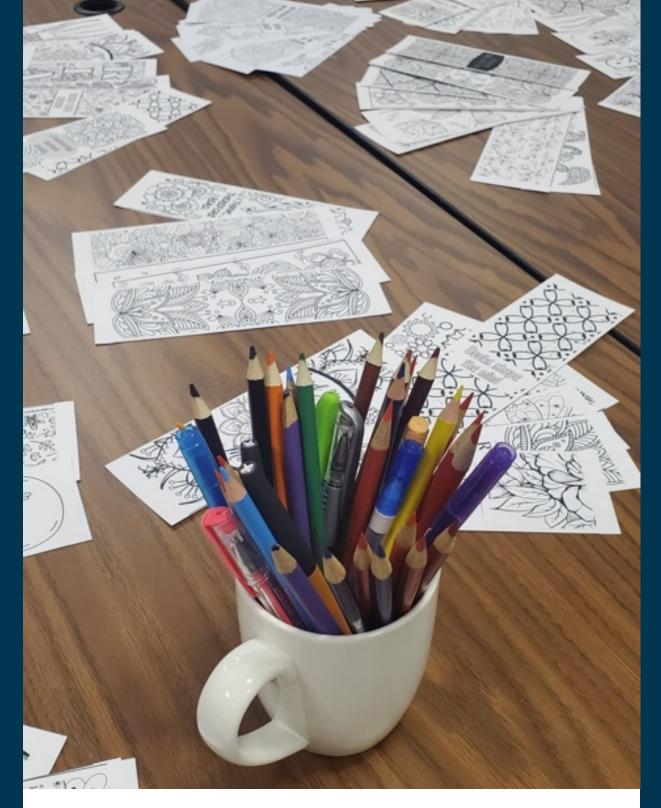
Danville Community College (DCC) dental hygiene students are searching for patients. Under the supervision of registered dental hygienists, students provide free dental exams, X-rays, and cleanings for patients in the dental hygiene clinic. Patients also receive education on ways to improve and maintain good oral and overall health.

Students are currently looking for volunteers to participate and receive these complementary services. All patients are screened for health conditions before appointments are scheduled to ensure the safety of everyone involved. Completion of

care usually consists of three to six appointments.

DCC is equipped with a state-of-the-art dental clinic that looks and functions much like a dental office. Located on the corner of South Main Street and Kemper Road in Foundation Hall on the DCC Campus, the dental clinic allows dental hygiene students to practice their skills in a hands-on setting.

Individuals who are interested may call the clinic at 434.797.8424 and leave a message. A student will return the call to schedule an appointment.



#### **Relax and Get Creative at the Library!**

Take a break between classes and relax with our new coloring bookmarks available in the Library! These creative bookmarks are designed to provide a calming and enjoyable activity during your downtime. Grab one from our display, find a cozy spot in the Library, and let your creativity take over. Coloring can be a great way to destress and refresh your mind. Once you're done, use your beautifully decorated bookmark to keep track of your reading. Visit the Library today to pick up a coloring bookmark and enjoy a moment of relaxation!

## Looking to increase your GPA or just better understand what you are learning? The TUTORING CENTER is your answer.

#### Spring Semester 2025 hours:

Tutoring Center: Mon-Thu 8am to 6pm, Friday 8am to 12pm (Tel: 434-797-6432) (tutoring@danville.edu) Math Lab: Mon-Thu 9am to 5pm (Tel: 434-797-6431) **Drop-In Times:** 

Tutoring Center: Mon&Wed 8am-12pm and Tue&Thu 12pm-6pm

Math Lab: All Drop-In

#### Scan the QR code below to sign up today!



## DCC

## **DCC Advising Center**



Brad Prillaman Coordinator of Academic Advising Academic Affairs and Student Services Office 434-797-8554 Wyatt Building bradley.prillaman@danville.edu



Michael Howard Academic Advisor Academic Affairs and Student Services Office 434-797-8401 Wyatt Building michael.howard@danville.edu Program Focus: Healthcare Early Childhood Education



Penny Hudson Academic Advisor Academic Affairs and Student Services Office 434-797-8542 Wyatt Building penny.hudson@danville.edu **Program Focus:** College & University Transfer



Frederick Johnson Academic Advisor Academic Affairs and Student Services Office 434-797-8561 Wyatt Building frederick.johnson@danville.edu Program Focus: **Business & Marketing** Administrative Support

Technology Administration of Justice



TBD Academic Advisor Academic Affairs and Student Services Office 434-797-8420 Wyatt Building advising@danville.edu Program Focus: **Career & Technical Programs** 

#### ADVISING CENTER

Location: Wyatt 101 Email: advising@danville.edu Phone: 434-797-8420 Webpage: danville.edu/advising-center

## Meet the Academic Advising Team!

At DCC, the primary goal of academic advising is to foster student success by helping students become effective agents for their own lifelong learning and personal development through informed planning and decision making. To accomplish this goal, we start by ensuring that each program-placed student is assigned an academic advisor. Visit our webpage for more information about DCC's Advising Model.

#### Never hesitate to contact an academic advisor.

If you need help, reach out to us at advising@danville.edu or call (434) 797-8420.



## **Need a Student ID or Parking Decal?**

#### **Location: Shields Student Center**

Monday - Thursday **11:00 a.m. – 2:00 p.m.** 

## Other times are available by appointment.

Email ashley.yancey@danville.edu





### **Five Ways to Improve Attention**

**1: Drink More Fluids** - even mild dehydration can cause you to lose concentration. Don't wait until you feel thirsty to drink.

**2: Exercise** - Physical exercise helps your brain stay sharp. Even walking increases oxygen to your brain, and helps reduce stress.

**3: Eat a brain-boosting diet** - Just as the body needs fuel, so does the brain. A diet based on fruits, vegetables, whole grains, "healthy" fats (such as olive oil, nuts, fish) and lean protein will provide lots of health benefits, and can also improve memory.

**4: Sleep is critical to learning and memory** - Research shows that sleep is necessary for memory consolidation, with the key memory-enhancing activity occurring during the deepest stages of sleep.

**5: Keep stress in check** - Stress is one of the brain's worst enemies. Over time, chronic stress can inhibit the formation of new memories and the retrieval of old ones.

Adapted from Harvard Health Letter: July 2014, a newsletter published by Harvard Health Publications



## **Need Canvas Assistance?**

For support with Canvas, including troubleshooting and technical issues, reach out to the Canvas Help Desk at **canvas@danville.edu**.

Our team is here to assist you with any

questions or problems you may encounter while using the platform. We're committed to ensuring your online learning experience is smooth and productive.

Don't hesitate to get in touch for help!

## SPRING 2025 SCHEDULE LEARNING RESOURCES CENTER

Mon – Thu Friday Saturday Sunday

8:00 am – 8:00 pm 8:00 am – 12:00 noon CLOSED 1:00 pm – 5:00 pm

#### Holidays and Special Hours:

- January 19 20
- March 9
- March 10 13
- March 14
- April 20
- May 13 15
- May 16

Closed (MLK Day) Closed (before Spring Break) 8:00 am - 5:00 pm 8:00 am - 12:00 pm (Noon) Closed (Easter Sunday) 8:00 am - 5:00 pm 8:00 am - 12:00 pm (Noon)

NOTE: The LRC will be closed whenever the college is closed.



### **Testing Center Frequently Asked Questions**

#### Where Is the Testing Center located?

The Clement Learning Resources Building, in the rear of the library.

#### What are your hours?

- Monday–Thursday from 8 a.m. to 8 p.m.
- Friday 8 a.m. to noon
- Sunday 1 p.m. to 5 p.m.

#### **Do I Need An Appointment?**

Yes. Make an appointment using our Online Appointment Scheduler, email: testingcenter@danville.edu or call 434-797-8404.

#### What Do I Need To Bring?

- If Your Test Is On Computer, Phones May Be Used For Multifactor Identification. Once logged-in all testers are required to turn their phone off and store it in a locker or book-Bag.
- A valid (unexpired), original picture ID (not a photocopy or digital).
  - 1. Such as a: Government-issued driver's license or non-driver ID card
  - 2. Official school-produced student ID card from the school you currently attend
  - 3. Government-issued military or national identification card
  - 4. Government-issued passport
- Your Canvas username, password, and phone for Multifactor Identification for online testing.

#### Is there anything else I need to know?

- We offer paper and pencil testing, computer testing, and accommodated testing.
- All belongings must be placed a locker, on top or below the lockers. Note: It is

strongly recommended that you lock all of your belongings in your vehicle prior to testing.

- Food and drink are not allowed in the testing center.
- You may not have any electronic or recording devices at your desk, in your pockets, (or anywhere you can reach them during testing, even if they are turned off or you do not use them.)
- All outside garments (i.e. coats/jackets, hats, scarves) and weather apparel (sunglasses, gloves) must be removed and placed in the area designated by the proctor, however, provisions can be made for specific religious/cultural apparel.
- You may not leave the room during your test session. (Proctor must be notified, or test will be closed.)
- Monitoring software is in use.
- A snapshot can be taken of your computer screen or desk for incident reporting.

On rare occasions, power outages, server outages, or weather problems can and do close us without warning when we least expect it. We recommend that you plan to take you tests well in advance before you need them.

If you have any additional questions, contact : testingcenter@danville.edu or call 434-797-8404



#### **Download Microsoft Office 365 Today**

Enhance your productivity with Microsoft Office 365, available for free to all Danville Community College students! To download, visit office.vccs.edu. Be sure to have your MyDCC login credentials handy for a seamless setup. With Office 365, you'll have access to powerful tools like Word, Excel, PowerPoint, and more to support your academic journey.

Don't miss out—get your free copy today and start making the most of your coursework!



## **Academic Integrity:**

## Integrity is doing the right thing, even when no one is watching. -C. S. Lewis

You should always have pride in the work you do and should take ownership in your own learning! We understand that with tools like Google search, it's easy to find immediate answers to your questions. However, you are responsible for understanding the difference between using the web for help and support of your learning, versus using the web to cheat. Academic dishonesty/Cheating jeopardizes your success, your integrity and has consequences.

#### Student Expectations:

- Be honest at all times
- Actively encourage academic integrity in your friends and classmates
- Discourage any forms of cheating or dishonesty
- Inform your teacher, counselor, administrator, or someone you trust if you have a reasonable belief and/or evidence that academic dishonesty has occurred

#### Some examples of academic dishonesty are, but not limited to:

- Using unauthorized materials and/or resources
- Copying work from another student, or from the web

- Using a technological/communication tool and/or resource during an assessment
- Having anyone else but you complete any part of your coursework for you
- Using online searches to find answers to your assessment questions
- Posting answers to assessment questions online



DCC

## YOUR VOICE AND IMPACT MATTERS!

## COME JOIN SGA!

Calling all DCC Knights! Ready to make a difference and lead our campus to new heights? Join us for an SGA meeting and discover how you can be the voice of your fellow students, plan exciting events, and create lasting change at DCC. Whether you're a natural leader or just passionate about making our college the best it can be, there's a place for you in the SGA. Don't miss this chance to shine—your journey as a DCC Knight leader starts here!



MEETINGS HELD EVERY 4TH THURSDAY OF THE MONTH STUDENT CENTER 11:00 A.M. - 12:00 P.M.

#### SGA MEETING EVERY FOURTH THURSDAY OF THE MONTH!

### **SGA Monthly Meetings**

Come get involved in your campus community! Your voice and impact matters-join

#### SGA today!



#### **SOAR Above Test Anxiety**

#### Strategies to manage test anxiety:

- 1. Approach the exam with confidence.
- 2. Be well prepared and include as much self-testing in your review as possible.
- 3. Focus on healthy eating, exercise and rest habits prior to testing.
- 4. Simulate the exam to better manage test anxiety.
- 5. Challenge negative thoughts.
- 6. Get a good night's sleep.

#### On Test Day:

- 1. Be on time.
- 2. Go to the bathroom prior to being seated.
- 3. Take a break if exam permits.
- 4. Anticipate some physical distress symptoms, such as headaches, nausea, feelings of hot or too cold, etc. Remain calm and take deep breaths until it passes.
- 5. Sit in a location where you will be less distracted.
- 6. Bring a small snack to replenish energy and help take your mind off your anxiety.

During the Exam:

- 1. Read the directions and entire questions carefully.
- 2. Take a minute to organize your ideas.

3. If you feel very anxious in the test, change positions to help you relax. Stretch your arms and legs and take a few slow deep breaths to relax. Then return where you left off.

4. Manage your time effectively. Many exams include a countdown timer.

5. Focus on the present, not the past or future or what other students are doing.

6. If the exam is more difficult than you anticipated, remain positive and do your best to achieve the goal of a passing grade.

7. Stay focused when others finish early. There's no reward for finishing first.

8. Proofread when finished.

After the Exam:

1. Treat yourself. Go to see a movie with a friend, grab a special drink or your favorite meal.

2. Make a list of which strategies worked, no matter how small, as they are building blocks to success.

3. Create a specific plan for improvement (e.g. tutoring, a study group, or workshops on the subject area).

Don't forget the Tutoring Center is there to help with test anxiety and study skills. And TimelyCare Counseling Services, a free 24 hour counseling service is there to help you overcome obstacles that may interfere with your wellbeing or academic success.



#### **DCC's Testing Center Welcomes New and Returning Students**

#### A few things to think about:

- Don't let failure get you down for more than a day.
- Don't allow yourself to build an inflated ego after a success.
- Maintain a sense of humility and gratitude for each success and failure you experience.

If your grades are not where you want, email tutoring@danville.com

The Testing Center is open for computer and paper and pencil testing:

Monday – Thursday from 8:00 A.M. to 8:00 P.M.

Friday – 8:00 A.M. to 12:00 P.M.

Sunday – 1:00 P.M. to 5:00 P.M. (see LRC Hours)

#### When Taking An Exam On A Computer ;

-Bring Your Username and Password (including those stored on your laptop) -Be prepared to reset your password if necessary

#### Be prepared:

Bring A Picture Id
A driver's license, non-operating identification license or Learners Permit College ID
A United States Military ID card (active duty, reserve, and retired)
A United States passport

#### Remember:

-Don't Forget To Schedule Your Paper And Pencil Exam -Put Exam Appointments On Your Calendar -Discuss Testing Accommodations With Your Instructor

If You Have Not Started To Study – Start Studying And Get A Tutor ASAP

Note: all testing must be completed 15 minutes before closing.

We are located in the Clement Learning Resources Building, in the rear of the Library.

*To make an appointment,* use our Online Scheduler: https://danville.libcal.com/reserve/testing/seats

email: testingcenter@danville.edu or call: 434-797-8404.

or *Click this button* to register for an appointment.

MAKE AN APPOINTMENT





The above "Academic Integrity" submission, is adapted from "Academic Integrity, Plagiarism, and Copyright", an iStudy Tutorial created by IT Learning and Development, Penn State University is licensed under CC 2.0

Remember: Academic Dishonesty/Cheating jeopardizes your success, your integrity and has consequences.



### PHI THETA KAPPA HONOR SOCIETY

## Phi Theta Kappa Honor Society News

Phi Theta Kappa will hold monthly meetings.

Executive meetings are on the 1st Thursday of each month.

General meetings are on the 3rd Thursday of each month.

PTK will hold its executive meeting on Thursday, 3/6/2025, at 11:00 AM. Our meeting will be held in Temple 109 (Middle room of Oliver Hall).

PTK will hold its general meeting on Thursday, 3/20/2025, at 11:00 AM.

Our meeting is open to all. Feel free to drop by and learn more about PTK.



## The Tutoring Center is here to help!

Make an appointment through Navigate or call the Tutoring Center at 434-797-6432.

#### Hours for Spring 2025 Semester Mon-Thu 8 AM to 8 PM Friday 8 AM to 12 PM

Drop-In Times: Monday and Wednesday 8 AM-12 PM Tuesday and Thursday 12 PM - 7 PM MATH LAB Monday -Thursday 9 AM - 5 PM



## WORK STUDY OPPORTUNITIES AVAILABLE FOR STUDENTS



Would you like to get paid for working on the DCC Campus for 10-15 hours a week?

If you are currently receiving the Federal Pell Grant and are enrolled in at least 6 credits that are eligible for financial aid, we may have a job for you!

Stop by the Financial Aid Office (Wyatt 111) to complete an application.

Please bring a current resume if available.

#### **Sign Up for DCC Alert**

The safety of our students is at the forefront of our minds as we strive to give you the best experience possible during your time at the college.

To that end, the college would like to take this opportunity to remind you of our policies regarding on-campus emergencies and weather-related closures or delays.

In order to ensure you have the most up-to-date information available, please take a moment to sign up for <u>DCC Alert</u>. This is the college's first line of communication to let you know when something has happened that affects you such as a closing due to a weather event.

You can also keep up with information about the college on <u>DCC's Facebook</u> page: www.facebook.com/dccpr



## **Upcoming Dates**

Student Professional Headshot Day | March 5

Phi Theta Kappa Executive Meeting | March 6

Spring Break | March 10-14

Phi Theta Kappa General Meeting | March 20

Financial Aid Open Workshop | March 26

Annual Career Fair | March 27

SGA Meeting | March 27

Danville Community College | 434-797-2222 | 1008 South Main Street, Danville www.danville.edu



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